News Sheet

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Starfish Preschool

No.23 Spring Term

Coastal Together

10.03.23

Another Fantastic Week - 'Growing Together'

Starfish Preschool



At the end of last week we celebrated World Book Day by dressing up and having a day full of stories and tales! The children loved talking about their costumes and the books they came from. Starfish's love of stories has continued into this week with our topic of 'Once Upon A Time'. This week we have read 'Goldilocks and the Three Bears'. The children were quick to tell us that Goldilocks should not have gone into the bears house and they would not be happy if they woke up to three bears staring at them either!



Starfish have also braved the cold, wind and snow this week and have been exploring the outside area. They noticed on Wednesday that there was ice in the mud kitchen and we talked about how cold it had been.

We have also continued our number recognition this week, looking at the numbers 0-5 and finding the correct amount of objects for each number.



The children told us that 0 shouldn't have any objects as zero means none.

Seahorse Class

This week Year 1 and 2 have started their new book in English and were thrilled to find out that it is Mary Poppins. Reception will be learning about Mary Poppins in a couple of weeks. We have been focusing on the part of the story where Michael and Jane want to see their favourite animals and they go to the zoo. On Thursday we used our English time to write about our favourite animals. There was a huge range from tigers to mice and everything in between. In maths we have been looking at money and focusing on how we add coins together and have also started looking at finding change. In topic we have been looking at materials and were challenged to build a wolf safe house for the Three Little Pigs.

Meanwhile, reception have been busy learning about the Wombles and all the different things they can do. They have even started turning into Wombles by repurposing items found in the classroom. Reception have also spent time learning about 3d shapes and seeing which shapes can roll.





Dolphin Class

This week in Dolphin Class, we have started our new English book - *How To Train Your Dragon*. Some of the children have read this book already and have told me how much they have enjoyed the series. Others have watched the film and are starting to realise how different the book and film series are to each other. After reading the first chapter, children have written character descriptions for the character Gobber, with none of them being very flattering.

In maths, we have carried on with our unit on fractions. This week we have focused on identifying equivalent fractions and finding fractions of amounts. Lots of us have been in the learning pit this week but we have used our resilience JONK skill to pull ourselves out.

Elsewhere, in topic we have been creating collages of Viking longboats using an array of different skills. The children have created some great pieces of artwork that we will finished off next week and displayed in the Dolphin Class gallery.





World Book Day

A huge thank you to everyone who took part in the extreme reading event. All runners up will receive a small chocolatey treat for taking part. There were 15 entries in total and it was very hard to select the most 'extreme' (but safe) reading venue. After much deliberation Alex who decided to read under water was the winner of the £10.00 book voucher.



<u>Maths Pattern - Parent/Carer and Child Cafe</u>

It was lovely to see so many people come to our Maths cafe on Tuesday afternoon. We had a great time learning all about patterns and the different types of patterns we learn about (repeating, border and growing patterns). We then read the story 'Pattern Fish' and went into our houses to make patterns using a variety of resources. It was great to see everyone getting stuck in and learning something new.







Use of the field

Can you please send in a pair of wellies or old trainers for your child so we can go on the field even when it is a bit muddy. Ideally they will be named to avoid any mix ups. Please be aware that the field is currently wet and muddy and children without a change of footwear will be limited to using the playground.

Attendance/Safeguarding

Attendance target set by the government = 96.1%

Current updated Bacton Primary School attendance this year to date 94.92%



Come on Bacton!

The class with the highest attendance this week was Sharks with 100%

Well Done Sharks Class

Reminders

School Lunches
Please check the school website for the Autumn/Winter Menu



PE Days
On the day your child has PE please ensure they come to school wearing their PE kit. If they are taking part in sports club and it is not their PE day they should come to school in their uniform and bring kit to change into.

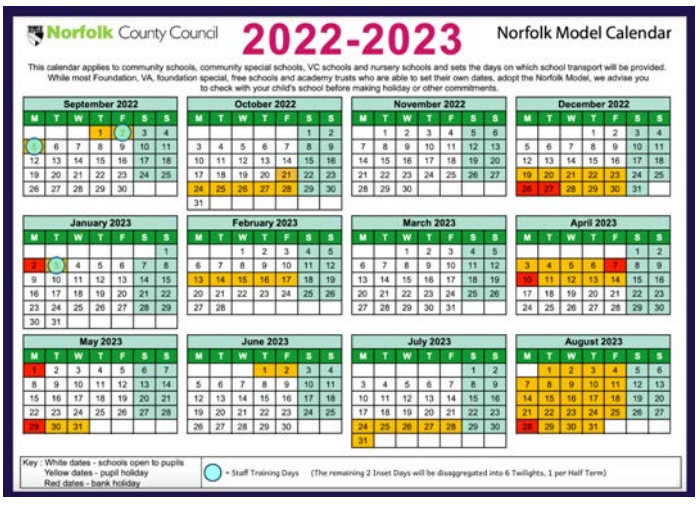
Seahorse Class - Years R, 1 and 2	**Tuesday/Thursday**
Dolphin and Shark Class - Years 3, 5 and 6	**Thursday**
Dolphin Year 4 - Swimming	**Thursday - Come to school in uniform with swimming kit please**

Dates for the Diary

Date	Time	Event
13/03/2023	8:45-10:45	Year 5 and 6 E-Safety event @ North Walsham High School Children should arrive by 8:35 ready to leave on the coach at 8:45
13/03/2023	10:00-12:00	Year 3 and 4 E-Safety event @ North Walsham High School
14/03/2023	1.30-5.15	Year 6 Dyson STEAM Event. Please note the later pick up time of 5.15.
16/03/2023	1:00-3:00	Year 4 swimming at Victory - North Walsham
17/03/2023	All Day	Comic Relief - Red Nose Day - Dress up for Joy - wear something that makes you smile £1.00 suggested donation

20/3 -24/03/2023	All Day	Walk and Big Wheel - Travel to school survey week
23/03/2023	1:00-3:00	Year 4 swimming at Victory - North Walsham
28/03/2023	4:00-5:00	Spring Disco - years R-6 - Letter to follow
30/03/2023	1:00-3:00	Year 4 swimming at Victory - North Walsham
31/03/2023	1:30-3:00	Easter trail and craft afternoon - parents invited
31/03/2023	3:10	Break up for Easter holidays
17/04/2023	8:45	Return from Easter holidays
21/04/2023	1:15-3:00	Seahorse, Dolphin and Shark class Squash taster session PE kit required
08/05/2023	All Day	School Closed - King Charles Coronation Bank Holiday Monday
09/05/2023 - 12/052023	8:00-9:45	Year 6 Breakfast club open all week - free to attend. Opportunity for some last minute revision
09/05/2023	9:00-12:00	Year 6 SATs tests - English Punctuation, Spelling and Grammar paper
10/05/2023	9:00-12:00	Year 6 SATs tests - English Reading paper
11/05/2023	9:00-12:00	Year 6 SATs tests - Maths arithmetic paper and Reasoning paper 1
12/05/2023	9:00-12:00	Year 6 SATs tests - Maths arithmetic paper Reasoning paper 2
09/06/2023	All Day	Non-school uniform day - Please bring a bottle to support the PTFA summer fair
16/06/2023	7:00pm-9:00pm	Quiz and chip evening - Adult only quiz team PTFA fundraiser
23/06/2023	All Day	Non-school uniform day - Please bring sweets to support the PTFA summer fair
08/07/2023	12:00-3:00	PTFA summer fair

Term Dates



All in-term holiday requests will be classed as unauthorised absences. This will likely result in a fixed penalty notice being issued from Norfolk County Council.

In Norfolk, penalty notices are issued in accordance with the Norfolk Local Protocol. In all cases a penalty notice can only be issued if the pupil has accrued at least 9 sessions (4.5 school days) of unauthorised absence within the previous 6 school weeks. This would result in a fine of £60 per child per parent ie; for a family with 2 children this would total £240

The link below has more information about fixed penalty notices.
Fixed Penalty Notices





Uniform
Order directly through Birds of Dereham (any time)
https://www.birdsofdereham.com/

Place your order on the School Money System.

Order Through School - Dates 2022/23:
Order cut off 3 - Friday 10 March 2023 for delivery in April 2023
Order cut off 4 - Friday 9 June 2023 for delivery in July 2023

Prices & Order Date information

Supplier	Sweatshirt	Cardigan	Fleece Jacket	Book bag	Delivery charge
Birds of Dereham direct order prices	£10.50	£11.00	£15.00	£7.00	£5.50
Order through school (10% discount)	£9.45	£9.90	£13.50	£6.30	Free

If you have any queries please contact your child's School Office

Big Norfolk Easter Holiday Activity scheme – Booking now open!

We're pleased to announce that booking is now open for Big Norfolk Holiday Fun. Activities will run across the Easter Holidays from 3 – 17 April. Families can now visit our **EveryMove activity finder** to search activities and make bookings.

Please support us by sharing Big Norfolk Holiday Fun information with eligible families.

Also please remember the scheme is also open to all vulnerable children regardless of their free school meal status. This includes for example young carers and refugees. Please refer any additional children that you'd like to recommend using the link here **Big Norfolk Holiday Fun: Information for Schools (activenorfolk.org).**

Helping you promote the scheme

Don't forget we have a range of free promotional marketing tools to help you get the message out to your free school meal eligible families.

Materials include

- Promotional playground banners and posters
- Printed or digital flyers to go home in book bags
- Newsletter copy and social media graphics

Download the Big Norfolk Holiday Fun toolkit or order printed copies here

Now that booking is open, please encourage families to book activities by doing the following:

- sending the Big Holiday Fun pdf to all eligible families (find this in the school promotional toolkit)
- working with families you know who may struggle to make the booking themselves
- promote the scheme in your weekly school newsletter using the copy provided
- promote the scheme on your Facebook page using the social media images provided (or share Norfolk County Council's Facebook posts)

This year we've extended our offer with even more providers and activities available which is great news. On top of that we've secured more specialist SEN providers for 2023 giving us an even wider range of inclusive activities.

If you have any questions, please email the team on **bnhf@norfolk.gov.uk**

Thanks in advance for all your continued support.

Best wishes

Tim Eyres
Assistant Director of Commissioning and Partnerships
Norfolk County Council Children's Services



Bacton FC are looking for new recruits to join their Under 7's football team for September 2023.

We are reaching out to gain an expression of interest and arrange open training for all abilities.

Our FA Qualified coaches will help develop your child's skills in a safe and fun environment.

School years: Current year 1.

Venue: North Walsham High School Gymnasium until 21/3/23 then Bacton Playground Field
When: Monday's 6 – 7 pm during term time

For any more info, please contact Dan Williamson on 07515 789 888

First session for any new recruits will be free as a taster. £2.50 per session thereafter payable via bank transfer or cash

The following has been shared by Norfolk Police – Safer schools

SOS+ Programme

Booking and enquiries:
sospluswebinars@stgilestrust.org.uk

For more information:
emily.roberts@stgilestrust.org.uk

Gangs and County Lines

Parents / Carer Webinar

Delivered by Rosanna

Our gang and county lines parents' session consists of ***speakers with lived experience*** within the criminal justice system to unpack and explore the ***realities and consequences*** of county lines, gang involvement, and serious youth violence.

Perspectives from previous perpetrators and runners/transporters, combined with relevant case studies, aid audiences in gaining an ***authentic and credible understanding*** of this complex and cross cutting issue.

Register here!

Click here!

The session will help parents and carers to identify the ***signs and triggers*** that a child or young person might be involved in county lines and gain an understanding of ***how to appropriately respond*** to such indicators.

Norfolk

18:30 - 20:00

28.03.2023

St Giles

Turning a past into a future

St Giles is a registered charity No 801355.
St Giles Head Office,
64-68 Camberwell Church St, London, SE5 8JB
www.stgilestrust.org.uk © St Giles Trust 2021

SOS Project

What to do

Learn how to challenge – you need to be able to stay calm, ask questions and listen to answers without losing control. Don't be afraid of confrontations, but try and stay away from accusations.

If your child is in trouble with the Police or at school – be ready to challenge obvious signs of unacceptable behaviour – one idea is to make an agreement and have set consequences for misbehaviour.

Listen and be supportive - If a young person is involved, they may not want to talk about it or be scared. Ultimately, you want to be the person your child can confide in and is honest with.

This means you need to be prepared to listen to your worst fears without the situation escalating or becoming abusive. It's important that they know you want to listen, support them and work with them to find solutions.

Don't be afraid to get help - You are not alone and there is always support out there to help you. In addition to the information in this leaflet, your local council or the Citizens' Advice Bureau have specific groups who can assist you.

But you could start by talking to the school, teachers, faith groups and even other parents. On the back page of this leaflet are organisations that can give you more information and access support.

SOS Project

Get help

If you're concerned about the issues raised in this leaflet, these organisations and resources are available to help:

The SOS+ Service
T: 020 7708 8000
W: stgilestrust.org.uk

Victim Support
National charity helping people affected by crime
W: victimsupport.org

NSPCC
A 24hr helpline providing advice and guidance
T: 0808 800 5000

Family Lives
For advice on all aspects of parenting roles
T: 0808 800 2222

Childline
T: 0800 1111
W: childline.org.uk

Missing People
W: missingpeople.org.uk

Kooth
Online mental wellbeing community
W: kooth.com

Norfolk Children's Advice and Duty
T: 0344 800 8020

Norfolk Police
T: 101 and ask for Norfolk police

St Giles
Turning a past into a future

St Giles head office: 64-68 Camberwell Church Street, London SE5 8JB
T: 020 7703 7000 W: www.stgilestrust.org.uk E: info@stgilestrust.org.uk

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Combating violent crime

Warning signs, practical advice and support for concerned parents and carers.



St Giles
SOS+ Programme

Practical advice and support for parents

Sometimes it feels like crime is getting more serious all the time. We see images of youth violence, stabbings and exploitation all the time. No-one would blame you as a parent or caregiver for worrying about what happens to your child, or asking what they could do to stop their child becoming another victim. Here is some guidance to consider, put together by our experienced SOS+ Service team.

Don't blame yourself - Even with good parental support, young people can be attracted into negative associations or habits despite your best efforts.

Have those conversations – Young people frequently tell us that if they were in trouble they would not go to an adult for help. Be that a teacher, parent or someone in authority. Why not? Because they fear they would be judged, that adults wouldn't understand or worse they would receive the punishment. To get around this you are going to have to build real trusted conversations your young person. You need to talk about what you will to do if they ask you for help. You need to reassure them that you will not judge them and that you will believe them and do whatever it takes to help them. Then when they approach you, take time out and listen.

It's not just boys that get involved - Many girls may believe that what they're being pressured or coerced to do is 'normal' and acceptable. They might not realise what's happening to them is wrong. They may be afraid of what might happen if they tell anyone and they may believe no one will believe or protect them.

Check out their space – this includes physical spaces such as bedroom and where they hang out but don't forget about the online space. **It's wise to know what social media platforms (TikTok, WhatsApp, Instagram, Twitter, Snap Chat &c.) they use and dependant on age and maturity you should have access to their activity. You don't always need the app to have an account - Google search the logins.**

Be aware that chat rooms and texts can be used to bully and exploit young people to participate in negative behaviour. Monitor sites and games for inappropriate content – maybe even play the games with them!

Signs and indicators:

Behaviour - Most young people go through a rebellious phase, what's essential is that it does not prolong and that healthy boundaries are maintained and challenged.

Your child's friends – Friends fall out sometimes and children change their interests, but who are your child's friends? When your child goes out, who are they with and what are they doing?

Gang names – Does your child's group of friends have a 'name' and if so, how do they see themselves?

Truancy – Do you check on attendance, are you speaking to teachers, have tutors noticed anything? If kids are not in school the question is, where are they? Some gangs exploit young people by sending them to other areas.

If your child starts to go missing, make sure you challenge them over their whereabouts and if they go missing for periods of 24hrs or more ensure that it is reported and that you get help. If you're in doubt as to what your children are doing in their spare time, ask. If necessary, monitor their activities.

Post codes and unsafe areas - Harder to spot, but some young people align themselves to post codes and therefore have 'no-go' areas. If your child shows reluctance going to any specific areas, ask why, and be ready to ask again.

Unexplained cash or possessions – Has your child bought things they normally couldn't afford? Look out for possession of relatively large sums of money or for expensive items brought home. Be ready to challenge excuses, too.

Signs of bullying/physical injuries – Your child may experience bullying and pressure to join a group. They may have injuries which indicate violence from others or self-harming. Either way, they'll need your support. Make time to listen and encourage them to trust you.



Understanding the music - this can be a bit of a minefield because although music associated with gangs can be threatening, violent and glamourise the myth surrounding the culture it does not guarantee involvement. I

t makes sense to know what your child is listening to and what the music is about, and so to have those versations about what the lyrics mean before you take any action.