News Sheet

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Starfish Preschool

No.24 Spring Term

Coastal Together

17.03.23

Another Fantastic Week - 'Growing Together'

Starfish Preschool



We have been so busy this week that we only got photos of the children making their Mother's Day cards!

The children were eager to tell us how special their Mums are to them and what makes them special. They listened carefully to the instructions and enjoyed making their special Mother's Day cards, hand printing a plant with fingerprint flowers. The children also had a go at writing their name in their card, copying the letter and working on their pencil control. We hope you like their cards as much as the children enjoyed making them!





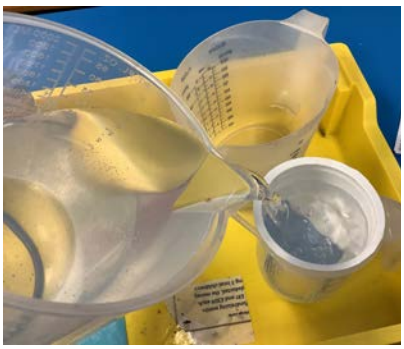
We have been looking at the story 'The Three Billy Goats Gruff' this week, talking about the characters and acting out the story. The children have been recreating the story, 'trip-trapping' across the bridge in our outside area and changing their voices for the troll character. They have worked collaboratively and shared the resources, making sure everyone got a turn to play the characters.

Seahorse Class

This week we have enjoyed celebrating British Science Week by carrying out two of our own experiments. We have applied what we have learnt about materials and their properties to find the best material to fix a hole in my bucket as well as finding a bendy, stretchy toy for a child.

Meanwhile in PE we have been refining our ball skills. This week we were practising catching the ball and learning how to do a chest pass and bounce pass.As we moved through the lesson there were fewer balls rolling around the playground. It was great to see year 2 being supportive of their reception partners.

Reception have been embracing the Womble way of life and have created posters to put up around school telling us to put our rubbish in the bins and turn the lights off. It has been great to see them use their phonics and handwriting skills to create some amazing posters.





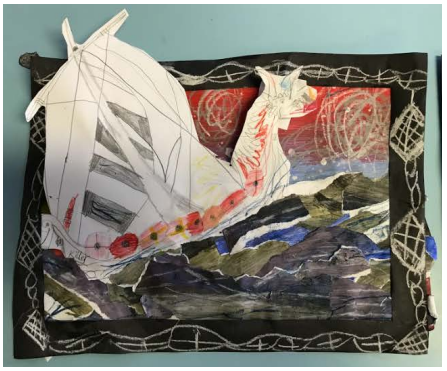
Dolphin Class

To start the week, the class headed to North Walsham High School to attend an E-Safety event, which was very eye opening for teachers and students.

This week in topic, Dolphins have been adding the finishing touches to their Viking longboat collages. Frames have been made and decorated, then stuck onto the collages. The children have been very creative and resourceful creating their own unique pieces of artwork.

Elsewhere, in English we have been completing our work on the book How To Train Your Dragon. The children have really enjoyed the last two weeks learning and writing about Hiccup, Gobber, the other Dragon Initiates and of course the dragons themselves.

In maths, we have been very curious, finding out how to add and subtract fractions. It has been very impressive to see how quickly all children were able to grasp the learning, with most working independently to solve different problems.


Shark Class

This week, Sharks have been all over the place! We attended a talk by the two Johns on e-Safety which only served to prove that our adults don't recognise anyone on YouTube nowadays and left them feeling very old. On Tuesday, our Year 6s went to Greshams school to attend a STEAM event where they got to try out VR headsets, built rockets from cardboard and overall had a wonderful time. Inside of class, we've spent the week writing detailed character descriptions about foxes, refreshed our memories around lots of different aspects of fractions and completed our mixed-media Viking longship artwork!






Use of the field

Can you please send in a pair of wellies or old trainers for your child so we can go on the field even when it is a bit muddy. Ideally they will be named to avoid any mix ups. Please be aware that the field is currently wet and muddy and children without a change of footwear will be limited to using the playground.

Attendance/Safeguarding

Attendance target set by the government = 96.1%

Current updated Bacton Primary School attendance this year to date 94.86%



Come on Bacton!

The class with the highest attendance this week was Dolphins with 98.89%

Well Done Dolphins Class

Reminders

School Lunches
Please check the school website for the Autumn/Winter Menu



PE Days
On the day your child has PE please ensure they come to school wearing their PE kit. If they are taking part in sports club and it is not their PE day they should come to school in their uniform and bring kit to change into.

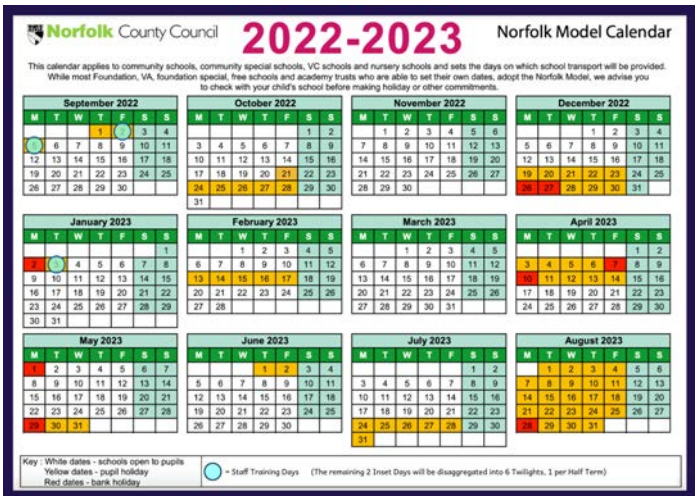
Seahorse Class - Years R, 1 and 2	**Tuesday/Thursday**
Dolphin and Shark Class - Years 3, 5 and 6	**Thursday**
Dolphin Year 4 - Swimming	**Thursday - Come to school in uniform with swimming kit please**

Dates for the Diary

Date	Time	Event
17/03/2023	All Day	Comic Relief - Red Nose Day - Dress up for Joy - wear something that makes you smile £1.00 suggested donation
20/3 -24/03/2023	All Day	Walk and Big Wheel - Travel to school survey week
22/03/2023	3.30-5.30	Parents' Evening - Letter issued
23/03/2023	1:00-3:00	Year 4 swimming at Victory - North Walsham
23/03/2023	3.30-6.15	Parents' Evening - Letter issued
28/03/2023	4:00-5:00	Spring Disco - years R-6 - Letter to follow
30/03/2023	1:00-3:00	Year 4 swimming at Victory - North Walsham
31/03/2023	1:30-3:00	Easter trail and craft afternoon - parents invited
31/03/2023	3:10	Break up for Easter holidays
17/04/2023	8:45	Return from Easter holidays
21/04/2023	1:15-3:00	Seahorse, Dolphin and Shark class Squash taster session PE kit required
08/05/2023	All Day	School Closed - King Charles Coronation Bank Holiday Monday
09/05/2023 - 12/052023	8:00-9:45	Year 6 Breakfast club open all week - free to attend. Opportunity for some last minute revision
09/05/2023	9:00-12:00	Year 6 SATs tests - English Punctuation, Spelling and Grammar paper
10/05/2023	9:00-12:00	Year 6 SATs tests - English Reading paper
11/05/2023	9:00-12:00	Year 6 SATs tests - Maths arithmetic paper and Reasoning paper 1

12/05/2023	9:00-12:00	Year 6 SATs tests - Maths arithmetic paper Reasoning paper 2
09/06/2023	All Day	Non-school uniform day - Please bring a bottle to support the PTFA summer fair
16/06/2023	7:00pm-9:00pm	Quiz and chip evening - Adult only quiz team PTFA fundraiser
23/06/2023	All Day	Non-school uniform day - Please bring sweets to support the PTFA summer fair
08/07/2023	12:00-3:00	PTFA summer fair

Term Dates





All in-term holiday requests will be classed as unauthorised absences. This will likely result in a fixed penalty notice being issued from Norfolk County Council.

In Norfolk, penalty notices are issued in accordance with the Norfolk Local Protocol. In all cases a penalty notice can only be issued if the pupil has accrued at least 9 sessions (4.5 school days) of unauthorised absence within the previous 6 school weeks. This would result in a fine of £60 per child per parent ie; for a family with 2 children this would total £240

The link below has more information about fixed penalty notices.
Fixed Penalty Notices



Uniform
Order directly through Birds of Dereham (any time)
https://www.birdsofdereham.com/

Place your order on the School Money System.

Order Through School - Dates 2022/23:
Order cut off 4 - Friday 9 June 2023 for delivery in July 2023

Prices & Order Date information

Supplier	Sweatshirt	Cardigan	Fleece Jacket	Book bag	Delivery charge
Birds of Dereham direct order prices	£10.50	£11.00	£15.00	£7.00	£5.50
Order through school (10% discount)	£9.45	£9.90	£13.50	£6.30	Free

If you have any queries please contact your child's School Office

Big Norfolk Easter Holiday Activity scheme – Booking now open!

We're pleased to announce that booking is now open for Big Norfolk Holiday Fun. Activities will run across the Easter Holidays from 3 – 17 April. Families can now visit our **EveryMove activity finder** to search activities and make bookings.

Please support us by sharing Big Norfolk Holiday Fun information with eligible families.

Also please remember the scheme is also open to all vulnerable children regardless of their free school meal status. This includes for example young carers and refugees. Please refer any additional children that you'd like to recommend using the link here **Big Norfolk Holiday Fun: Information for Schools (activenorfolk.org).**

Helping you promote the scheme

Don't forget we have a range of free promotional marketing tools to help you get the message out to your free school meal eligible families.

Materials include

- Promotional playground banners and posters
- Printed or digital flyers to go home in book bags
- Newsletter copy and social media graphics

Download the Big Norfolk Holiday Fun toolkit or order printed copies here

Now that booking is open, please encourage families to book activities by doing the following:

- sending the Big Holiday Fun pdf to all eligible families (find this in the school promotional toolkit)
- working with families you know who may struggle to make the booking themselves
- promote the scheme in your weekly school newsletter using the copy provided
- promote the scheme on your Facebook page using the social media images provided (or share Norfolk County Council's Facebook posts)

This year we've extended our offer with even more providers and activities available which is great news. On top of that we've secured more specialist SEN providers for 2023 giving us an even wider range of inclusive activities.

If you have any questions, please email the team on **bnhf@norfolk.gov.uk**

Thanks in advance for all your continued support.

Best wishes

Tim Eyres
Assistant Director of Commissioning and Partnerships
Norfolk County Council Children's Services



Bacton FC are looking for new recruits to join their Under 7's football team for September 2023.

We are reaching out to gain an expression of interest and arrange open training for all abilities.

Our FA Qualified coaches will help develop your child's skills in a safe and fun environment.

School years: Current year 1.

Venue: North Walsham High School Gymnasium until 21/3/23 then Bacton Playground Field
When: Monday's 6 – 7 pm during term time

For any more info, please contact Dan Williamson on 07515 789 888

First session for any new recruits will be free as a taster. £2.50 per session thereafter payable via bank transfer or cash

The following has been shared by Norfolk Police – Safer schools

SOS+ Programme

Booking and enquiries:
sospluswebinars@stgilestrust.org.uk

For more information:
emily.roberts@stgilestrust.org.uk

Gangs and County Lines

Parents / Carer Webinar

Delivered by Rosanna

Our gang and county lines parents' session consists of ***speakers with lived experience*** within the criminal justice system to unpack and explore the ***realities and consequences*** of county lines, gang involvement, and serious youth violence.

Perspectives from previous perpetrators and runners/transporters, combined with relevant case studies, aid audiences in gaining an ***authentic and credible understanding*** of this complex and cross cutting issue.

Register here!

Click here!

The session will help parents and carers to identify the ***signs and triggers*** that a child or young person might be involved in county lines and gain an understanding of ***how to appropriately respond*** to such indicators.

Norfolk

18:30 - 20:00

28.03.2023

St Giles

Turning a past into a future

St Giles is a registered charity No 801355.
St Giles Head Office,
64-68 Camberwell Church St, London, SE5 8JB
www.stgilestrust.org.uk © St Giles Trust 2021

SOS Project

What to do

Learn how to challenge – you need to be able to stay calm, ask questions and listen to answers without losing control. Don't be afraid of confrontations, but try and stay away from accusations.

If your child is in trouble with the Police or at school – be ready to challenge obvious signs of unacceptable behaviour – one idea is to make an agreement and have set consequences for misbehaviour.

Listen and be supportive - If a young person is involved, they may not want to talk about it or be scared. Ultimately, you want to be the person your child can confide in and is honest with.

This means you need to be prepared to listen to your worst fears without the situation escalating or becoming abusive. It's important that they know you want to listen, support them and work with them to find solutions.

Don't be afraid to get help - You are not alone and there is always support out there to help you. In addition to the information in this leaflet, your local council or the Citizens' Advice Bureau have specific groups who can assist you.

But you could start by talking to the school, teachers, faith groups and even other parents. On the back page of this leaflet are organisations that can give you more information and access support.

SOS Project

Get help

If you're concerned about the issues raised in this leaflet, these organisations and resources are available to help:

The SOS+ Service
T: 020 7708 8000
W: stgilestrust.org.uk

Victim Support
National charity helping people affected by crime
W: victimsupport.org

NSPCC
A 24hr helpline providing advice and guidance
T: 0808 800 5000

Family Lives
For advice on all aspects of parenting roles
T: 0808 800 2222

Childline
T: 0800 1111
W: childline.org.uk

Missing People
W: missingpeople.org.uk

Kooth
Online mental wellbeing community
W: kooth.com

Norfolk Children's Advice and Duty
T: 0344 800 8020

Norfolk Police
T: 101 and ask for Norfolk police

St Giles
Turning a past into a future

St Giles head office: 64-68 Camberwell Church Street, London SE5 8JB
T: 020 7703 7000 W: www.stgilestrust.org.uk E: info@stgilestrust.org.uk

Registered Charity, No. 801 355 © St Giles 2021

Combating violent crime

Warning signs, practical advice and support for concerned parents and carers.



St Giles
SOS+ Programme

Practical advice and support for parents

Sometimes it feels like crime is getting more serious all the time. We see images of youth violence, stabbings and exploitation all the time. No-one would blame you as a parent or caregiver for worrying about what happens to your child, or asking what they could do to stop their child becoming another victim. Here is some guidance to consider, put together by our experienced SOS+ Service team.

Don't blame yourself - Even with good parental support, young people can be attracted into negative associations or habits despite your best efforts.

Have those conversations – Young people frequently tell us that if they were in trouble they would not go to an adult for help. Be that a teacher, parent or someone in authority. Why not? Because they fear they would be judged, that adults wouldn't understand or worse they would receive the punishment. To get around this you are going to have to build real trusted conversations your young person. You need to talk about what you will to do if they ask you for help. You need to reassure them that you will not judge them and that you will believe them and do whatever it takes to help them. Then when they approach you, take time out and listen.

It's not just boys that get involved - Many girls may believe that what they're being pressured or coerced to do is 'normal' and acceptable. They might not realise what's happening to them is wrong. They may be afraid of what might happen if they tell anyone and they may believe no one will believe or protect them.

Check out their space – this includes physical spaces such as bedroom and where they hang out but don't forget about the online space. **It's wise to know what social media platforms (TikTok, WhatsApp, Instagram, Twitter, Snap Chat &c.) they use and dependant on age and maturity you should have access to their activity. You don't always need the app to have an account - Google search the logins.**

Be aware that chat rooms and texts can be used to bully and exploit young people to participate in negative behaviour. Monitor sites and games for inappropriate content – maybe even play the games with them!

Signs and indicators:

Behaviour - Most young people go through a rebellious phase, what's essential is that it does not prolong and that healthy boundaries are maintained and challenged.

Your child's friends – Friends fall out sometimes and children change their interests, but who are your child's friends? When your child goes out, who are they with and what are they doing?

Gang names – Does your child's group of friends have a 'name' and if so, how do they see themselves?

Truancy – Do you check on attendance, are you speaking to teachers, have tutors noticed anything? If kids are not in school the question is, where are they? Some gangs exploit young people by sending them to other areas.

If your child starts to go missing, make sure you challenge them over their whereabouts and if they go missing for periods of 24hrs or more ensure that it is reported and that you get help. If you're in doubt as to what your children are doing in their spare time, ask. If necessary, monitor their activities.

Post codes and unsafe areas - Harder to spot, but some young people align themselves to post codes and therefore have 'no-go' areas. If your child shows reluctance going to any specific areas, ask why, and be ready to ask again.

Unexplained cash or possessions – Has your child bought things they normally couldn't afford? Look out for possession of relatively large sums of money or for expensive items brought home. Be ready to challenge excuses, too.

Signs of bullying/physical injuries – Your child may experience bullying and pressure to join a group. They may have injuries which indicate violence from others or self-harming. Either way, they'll need your support. Make time to listen and encourage them to trust you.



Understanding the music - this can be a bit of a minefield because although music associated with gangs can be threatening, violent and glamourise the myth surrounding the culture it does not guarantee involvement. I

t makes sense to know what your child is listening to and what the music is about, and so to have those versations about what the lyrics mean before you take any action.

EVERYONE IS EXCITED!

EASTER CRASH COURSE

WHETHER YOUR CHILD IS LOOKING TO START THEIR SWIMMING LESSON JOURNEY, OR HAS THE BASIC SKILLS AND WANTS TO IMPROVE, INTENSIVE SWIMMING LESSONS ARE THE PERFECT WAY TO DEVELOP YOUR CHILD'S SWIMMING ABILITY OVER 4 CONSECUTIVE DAYS.

JOIN US OVER THE EASTER HOLIDAYS

ONLY £32.96 FOR THE 4 CONSECUTIVE DAYS (TUESDAY-FRIDAY)

STAGE 1



ENTRY REQUIREMENT - AGE 4YRS+ (AT SCHOOL), AIMED AT BEGINNERS

TUESDAY 4TH APRIL 10:00-10:30
WEDNESDAY 5TH APRIL 10:00-10:30
THURSDAY 6TH APRIL 09:00-09:30
FRIDAY 7TH APRIL 09:00-09:30



STAGE 3

ENTRY REQUIREMENT -AGE 5YRS+, CONFIDENT UNDERWATER, CAN SWIM 5M FRONT & BACK UNAIDED

TUESDAY 4TH APRIL 10:30-11:00
WEDNESDAY 5TH APRIL 10:30-11:00
THURSDAY 6TH APRIL 09:30-10:00
FRIDAY 7TH APRIL 09:30-10:00

BOOK YOUR CHILD'S SPACE TODAY! LIMITED SPACES AVAILABLE!
(PLEASE NOTE THE TIME CHANGE BETWEEN TUESDAY-WEDNESDAY & THURSDAY-FRIDAY)

VICTORY SWIM & FITNESS CENTRE - 01692 409370

VICTORY SWIM & FITNESS CENTRE - 01692 409370

everyone ACTIVE