



# News Sheet

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No.10  
Autumn  
Term



17.11.23

## Another Fantastic Week - 'Growing Together'

### Starfish Preschool

In Starfish this week, we have introduced our new topic - Places.

We asked the children to think about where they live and who they live with, where they come for school and all the different places they have been with their families. The



children came up with lots of ideas and together we made a list. We also talked about how everyone is different and how we all live with different people and have been to different places, talking about our similarities and differences.

The children have also been working on their fine motor skills. Using the playdough, the children created different shapes and patterns using the cutters and rolling pins. They were brilliant at

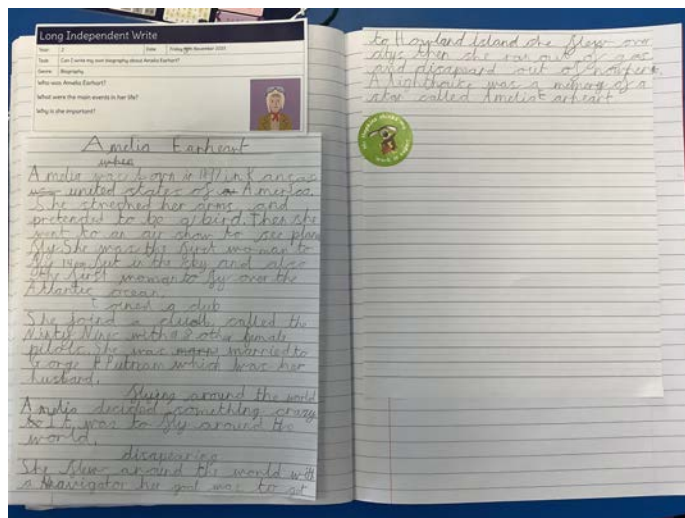
sharing and remembering to ask nicely for the resources they needed and wanted.

Starfish have met a new Monster Phonic Character this week. We have met U-Hoo and have read his story and learnt what sound he makes. The children have been brilliant at remembering the characters we have met so far - Angry Red A, Yellow I, Green Froggy, Cool Blue and now U-Hoo.



## Seahorse class

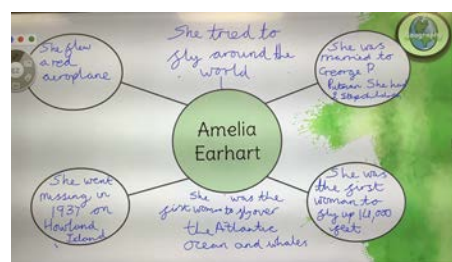
This week we have carried on our learning about Amelia Earheart in English and topic with years 1 and 2. It has prompted lots of questions and discussions. It has made picking this week's certificate winner very difficult. On Friday Year 2 used all their knowledge of Amelia Earheart to write a biography of her. Meanwhile in maths, we have been looking at multiples often and putting them in the correct order and identifying different representations of multiples of 10.



In maths, reception have been learning about circles and triangles. They have made their own in the outdoor area and been on a shape hunt around the school. What shapes can you find at home? Drawing club this week



has had a monster focus as we watched an episode of 'Trapdoor' and have designed traps to catch monsters and made breakfasts for them. In topic, reception are now thinking about their own timelines and things that are important to them. It would be lovely if possible to have some pictures sent in so we can order them and talk about the important moments in their lives.



## Dolphin class

In Dolphins this week we have been continuing our Topic work on the Battle of Britain, but our focus has moved on to food rationing and how people in Briton survived with minimal resources. The class was horrified to find out that in some instances parks and playing spaces were transformed into places to grow food to feed the population, and when it was suggested that our school playground would be dug up for crop growing the class wrote some strongly worded letters to the Head of Agriculture letting their feelings known. We also learnt about how different produce is grown and consumed during the different seasons of the year. The class were then tasked with coming up with a meal based on what is eaten in a certain season, which led to some interesting meal choices.



Elsewhere in English, the class has finished their unit on narrative writing based on the book 'The Lion and the Unicorn'. Thursday was the highlight of the week for many children, learning Cockney slang and using it in our work when writing dialogue for Lenny and his mum. We ended English on Friday with our Big Writes recreating the narrative with our own characters getting evacuated and living in the countryside.

Over in PE, the children have continued our work on gymnastics, learning on Thursday how to master forward rolls. The children were all very resilient and reflective during this lesson, not giving up and learning from their mistakes to perfect their rolls.

On Friday in PE, we learnt about swing dances and how they were used for entertainment during WW2. We then had a chance to create our own Lindy Hop dances. The children were fantastic at this, having some amazing dance moves as you can see from the pictures!

In Maths the children have smashed it this week! We have been investigating and comparing 3-digit numbers, using a range of manipulatives. The children throughout the week have needed little adult support and have grasped all their activities independently. The workrate has been great to see and the levels of understanding are amazing!

Well done on a fantastic week Dolphins!!





## Shark Class

Sharks have had a wonderfully curious week this week. We have been using our senses to observe and discover some of the wondrous things Lucy spots as she emerges from the wardrobe into the magical realm of Narnia, as we've begun writing our first Narrative tales of the term. It has been wonderful to read through their work and see all of the brilliant descriptions they've been able to come up with - expanded noun phrases, similes, emotive language, fronted adverbials and even a slight cliff-hanger as something comes towards her, rustling the bushes!

In Maths, the Sharks have begun looking into adding and subtracting some much bigger numbers, some with as many as 6-digits, and what we've found out is that they do not bother us in the slightest! We have mastered 3, 4, and 5-digit column methods so why should 6, 7 or even 12 digits hold us back?! It has been lovely to see their confidence increasing lesson by lesson.

In Topic, we have begun looking at Science and the different ways we classify living things within our natural world. There have been some interesting discussions about the ramifications of indo and exo-skeletons, whether an octopus is an arachnid, and whether the Duck-billed Platypus really is a mammal... All in all, it has been a very interesting week! Well done Sharks.

## Mental Wellbeing

November is the month for raising mental awareness in men. You may have noticed Mr Austin and Mr Wilson are supporting the cause, 'Movember', by growing a moustache. Raising awareness of men's mental health is an extremely important issue as the rate of suicide is much higher in men compared to that of women. By showing our young children it is okay to not be okay and building their own resilience will have an impact on the future generation of everyone.



Anti-bullying week this week has the theme 'Make A Noise, A Noise About Bullying'. A theme that empowers something positive to counteract the harm and hurt that bullying causes. The aim is to raise awareness of bullying of children and young people, in schools and elsewhere, and to highlight ways of preventing and responding to it.



At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit [nationalonline.com](https://nationalonline.com) for further guides, hints and tips for adults.

## What Parents & Carers Need to Know about MICROTRANSACTIONS

Microtransactions (often abbreviated as "MTX") are digital purchases made within an app or game to unlock extra features or additional content such as new levels. A popular sub-set of these are loot boxes, which contain a selection (usually random) of virtual items: from character skins to game-changing equipment like better weapons. Microtransactions (and loot boxes in particular) are now widespread in apps and games, but concerns persist that they normalise gambling and can foster addictive behaviours – especially among younger players.

### WHAT ARE THE RISKS?

#### GATEWAY TO GAMBLING?

Microtransactions have been criticised for promoting gambling-adjacent behaviour in children. Research has also suggested that exposure to the loot box system could affect the likelihood of a young person suffering gambling harms later in life: children who purchased or used loot boxes in the last 12 months were found to be more likely to have gambled during the same period, as well.

#### ADDICTIVE NATURE

Microtransactions (and loot boxes especially) could lead to young people displaying compulsive behaviours. Loot boxes are designed to be addictive, and the sought-after prizes they contain are dispensed at random. This means that young gamers might not get what they want straight away, causing them to spend more money as well as additional time gaming.

#### PAYING TO WIN

In many popular games (the FIFA series being a notable example), microtransactions make it far easier to succeed – which is a concern because children can often find it difficult to keep track of their spending. Once a child starts making in-game purchases, they may continue buying to keep up with their friends and other players – sometimes without recognising the mounting real-world cost.

#### EXCLUSIVE CONTENT

#### DATA COLLECTION

To allow a young person to complete microtransactions, many app and game developers collect personal data such as their name, address, email, geolocation information, photos, payment details and so on. Even if this data remains secure (which is by no means guaranteed), there's always the chance that it will be used – and possibly sold on to third parties – for marketing purposes.

#### AFFECTING DAILY ROUTINE

Online games tend to revolve around repeated loops of activity that can affect purchasing decisions and potentially influence children's spending patterns. This could lead to your child not only handing over more money but also adjusting their daily routine to match the game's schedule – potentially impacting more important elements of their day, such as homework and family time.

#### SATELLITE SPENDING

If you've linked a payment method like a debit card or a PayPal account to your child's game or app, it's wise to keep a close eye on their microtransactions to ensure they aren't racking up a large bill. Letting a child have access to your card (if they're still too young to have their own) or other means of payment could also lead to them spending beyond the apps and games they normally use.

## Advice for Parents & Carers

#### DO YOUR RESEARCH

It's important to have a serviceable idea of whether the games your child plays use the loot box system (even if it goes by a different name) or include the option of buying items, equipment and so forth. If so, it's crucial to help your child understand that this costs actual money, and that they shouldn't feel pressured into making any purchases.

#### CHAT ABOUT 'CHANCE'

It may help to explain to your child that many microtransactions involve an element of chance: they could pay money and still not get what they want in return. Emphasise that – while not usually costing much individually – these in-app and in-game purchases can soon add up. Talk to your child about how spending their money in a game or app means they have less to use in the real world.

#### (GIFT) CARDS ON THE TABLE

Investing in an in-game currency gift card can be a useful way of helping your child get to grips with budgeting. If you buy, say, a £10 V-bucks Fortnite gift card, monitor how long it takes them to spend it. When they come to you asking for more, you could make it the starting point for a conversation about how quickly that money went and how they could earn their next gift card.

#### STOP SPENDING AT SOURCE

You might decide that the wisest strategy is to remove the potential for spending money on microtransactions. If so, most games, apps and devices have options in their settings to help you manage what your child can spend – or to disable that function altogether, preventing them from buying additional items for their games or boosted functionality for certain apps.

#### WATCH FOR THE SIGNS

If you're worried that your child's passion for a particular game or app may tempt them into habitual spending on microtransactions, it's important to remember the indicators of addictive behaviour. Irritability, a lack of concentration and prioritising recreational screen time ahead of homework or mealtimes could all be signs that you need to have a conversation about a more balanced routine.

### Meet Our Expert

Carly Page is an experienced technology journalist with a track record of more than 10 years in the industry. Previously the editor of tech tabloid The Inquirer, Carly is now a freelance technology journalist, editor and consultant.

**National Online Safety**  
#WakeUpWednesday

Twitter: @natonlineafety  
Facebook: /NationalOnlineSafety  
Instagram: @nationalonlinesafety  
TikTok: @national\_online\_safety

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## Safeguarding

### Help with Living Costs this Winter

Winter 2023/24 Norfolk Assistance Scheme can help you get support and financial assistance for food, energy, water, and other household essentials including white goods. Click on the link for more details:

<https://csapps.norfolk.gov.uk/cssshared/ecourier2/fileoutput.asp?id=54504>



# Help with living costs

You may be struggling with living costs for a range of reasons. This leaflet tells you what support is available and how to get advice. You can also find this information on our website **[www.norfolk.gov.uk/costofliving](http://www.norfolk.gov.uk/costofliving)**. If you don't have access to the internet at home, you can go online at any of our Norfolk libraries.

There is also a cost of living hub provided by the government which contains useful information. This can be found at **[www.gov.uk/cost-of-living](http://www.gov.uk/cost-of-living)**.

**Winter 2023/24**



## Lighthouse Lookout

Dolphins and Sharks previously nominated themselves to be part of the Lighthouse Lookout Crew. A great opportunity for the children to learn new skills and support others. The Lighthouse Crew gains the pupils' voice and allows the children to raise awareness and support others within the school. For each role there is a Shark and Dolphin with the Head Pupils supporting the roles alongside Mrs Winchester and Mr Austin.

### *Lead Lookouts Head Pupils*



#### *Mental Wellbeing Lookouts*



#### *Young Carers Lookouts*



#### *Safeguarding Lookouts*



#### *Anti-Bullying Lookouts*



#### *Diversity Lookouts*



#### *Friendship Lookouts*



## Celebrating and Sharing Our Successes

We will be sharing with parents and carers our JONK award winners for the week as part of our celebrating and sharing success.

Teachers and TAs will be looking out for children who demonstrate the JONK skill of being resilient next week

### Seahorse Class JONK certificate this week



### Dolphin Class JONK certificates this week



### Shark Class JONK certificate this week



## Attendance/Safeguarding

**Attendance target set by the government = 96.1%**

**Current updated Bacton Primary School attendance this year to date 96.37%**

**Seahorse class attendance year to date 96.95%**

**Dolphin class attendance year to date 95.55%**

**Shark class attendance year to date 96.32%**

**The class with the highest attendance this week was Seahorses with 97.98%**

**Well Done Seahorse Class**





## Reminders

### School Lunches

Please check the school website for the Autumn/Winter Menu

### PE Days

On the day your child has PE please ensure they come to school wearing their PE kit. If they are taking part in sports club and it is not their PE day they should come to school in their uniform and bring kit to change into.

**PE Seahorse Class - Years R, 1 and 2**

**Monday and Thursday**

**Dolphin and Shark Classes - Years 3, 4, 5 and 6**

**Thursday and Friday**

## Uniform

**Order directly through Birds of Dereham (any time)**

<https://www.birdsofdereham.com/>

Or place your order on the School Money System before the cut off dates below.

### Order Through School - Dates 2023/24:

1. Order Cut Off: Fri 6th October 2023 - Delivery in November 2023
2. Order Cut Off: Fri 16th February 2024 - Delivery in March 2024
3. Order Cut Off: Fri 26th April 2024 - Delivery in May 2024
4. Order Cut Off: Fri 7th June 2024 - Delivery in July 2024

	Sweatshirt	Cardigan	Fleece Jacket	Delivery charge
Order through school (includes 10% discount)	£10.50	£12.00	£14.50	Free

If you have any queries please contact the School Office.

### PTFA Bottles and Jars donations

If you have any empty jars with lids at home that you no longer need or are destined for the recycling bin could we suggest they be donated to the school please?

The PTFA are collecting jars to fill with prizes for the Christmas raffle. If you can help please send your empty jars into the school office. The PTFA would also like scraps of wrapping paper. Thank you for your support.

### PTFA Fancy Dress costume donations



## Dates for the Diary

Date	Time	Event
20/11/2023	3:15-3:45	Parents invited into school to look at child's/children's books
21/11/2023	3:15-3:45	Parents invited into school to look at child's/children's books
21/11/2023	3:15-4:15	Active Outdoor Club
22/11/2023	3:15-4:00	Homework club - <b>Cancelled due to parents evening</b>
22/11/2023	3:30-5:30	<b>Parents evening - Face-to-face meetings - letter has been issued</b>
23/11/2023	4:00-6:30	<b>Parents evening - Zoom call meetings - letter has been issued</b>



23/11/2023	3:15-4:15	Football after school club provided by Premier Sport
28/11/2023	3:15-4:15	Active Outdoor Club
29/11/2023	3:15-4:00	Homework club
30/11/2023	3:15-4:15	Football after school club provided by Premier Sport
05/12/2023	3:15-4:15	Active Outdoor Club
06/12/2023	All Day	WWII Historical Visitor day (Horning Primary Y3/4/5/6 joining)
06/12/2023	3:15-4:00	Homework club
07/12/2023	3:15-4:15	Football after school club provided by Premier Sport
12/12/2023	3:15-4:15	Active Outdoor Club
13/12/2023	3:15-4:00	Homework club
14/12/2023	9:30-10:30	Christmas Performance - Don't be Afraid, ticket only event for parents and carers - ticket booking letter to be issued in November
14/12/2023	3:15-4:15	Football after school club provided by Premier Sport
15/12/2023	14:00-15:00	Christmas Performance - Don't be Afraid, ticket only event for parents and carers - ticket booking letter to be issued in November
19/12/2023	9:00-1:30	Sheringham Little Theatre Whole school Panto visit Years R-6
19/12/2023	3:15-4:15	Active Outdoor Club
20/12/2023	3:15-4:00	No Homework club today

## Term Dates

Norfolk County Council 2023-2024 Coastal Together			
<small>This calendar applies to community schools, community special schools, VC schools and nursery schools and sets the days on which school transport will be provided. While most Foundation, VA, foundation special, free schools and academy trusts who are able to set their own dates, adopt the Norfolk Model, we advise you to check with your child's school before making holiday or other commitments.</small>			
<b>September 2023</b> 	<b>October 2023</b> 	<b>November 2023</b> 	<b>December 2023</b> 
<b>January 2024</b> 	<b>February 2024</b> 	<b>March 2024</b> 	<b>April 2024</b> 
<b>May 2024</b> 	<b>June 2024</b> 	<b>July 2024</b> 	<b>August 2024</b> 
<small>Key: White dates - schools open to pupils  Yellow dates - pupil holiday  Red dates - bank holiday  Blue circle - Staff Training Days (The remaining 2 inset days will be disaggregated into 6 Twilights, 1 per Half Term)</small>			

**All in-term holiday requests will be classed as unauthorised absences. This will likely result in a fixed penalty notice being issued from Norfolk County Council.**

**In Norfolk, penalty notices are issued in accordance with the Norfolk Local Protocol. In all cases a penalty notice can only be issued if the pupil has accrued at least 9 sessions (4.5 school days) of unauthorised absence within the previous 6 school weeks. This would result in a fine of £60 per child per parent ie; for a family with 2 children this would total £240**

**The link below has more information about fixed penalty notices.**  
[\*\*Fixed Penalty Notices\*\*](#)



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September 2024	October 2024	November 2024	December 2024
M T W T F S S	M T W T F S S	M T W T F S S	M T W T F S S
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January 2025	February 2025	March 2025	April 2025
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May 2025	June 2025	July 2025	August 2025
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1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

Key: White dates - schools open to pupils  
Yellow dates - pupil holiday  
Red dates - bank holiday

Staff Training Days (2nd and 3rd Sept and 6th Jan. (The remaining 2 days will be disaggregated into 6 half days))

**EVERYONE  
IS EXCITED!**

## SWIMMING LESSONS

### ARE YOU LOOKING TO GET STARTED IN SWIMMING LESSONS?

- LESSONS SUITABLE FOR ALL AGES & ABILITY'S
- SPACES AVAILABLE NOW
- SWIMMING LESSONS RUN 50 WEEKS OF THE YEAR
- EVERY DAY AFTER SCHOOL & WEEKENDS TOO
- £38.54A MONTH PAID BY DIRECT DEBIT

- CHILD RECEIVES FREE SWIMMING IN ALL PUBLIC/FAMILY SESSIONS

**JOIN OUR AWARD-WINNING SWIMMING LESSONS.**

**& GET A FREE 6 MONTHS KIDS PASS\***

- UP TO 57% OFF DAYS OUT & ATTRACTIONS
- KIDS GO FREE AT AQUARIUMS, RESTAURANTS & MORE
- 30% OFF ADULTS & CHILD CINEMA TICKETS
- UP TO 25% OFF FAMILY HOLIDAYS & RESORTS



**VICTORY SWIM & FITNESS CENTRE - 01692 409370**  
**VictoryMC@Everyoneactive.com**

everyone  
ACTIVE



## LITTLE RIDERS

### Children's Cycling Courses



#### Learn to Ride Courses

##### Description

Our Learn to Ride course (4 x 1hr lessons) is designed for children aged 4-10 yrs who would like to learn how to ride a bike with pedals by themselves.

##### Dates

**Saturday 11th, 18th, 25th Nov, 2nd Dec** (2.00-3.00pm or 3.00-4.00pm) @ Sewell Park Academy, St Clements Hill, Norwich, NR3 4BX

**Saturday 18th, 25th Nov, 2nd, 9th Dec** (10.00-11.00am or 11.00-12.00noon) @ Great Yarmouth Charter Academy, Salisbury Road, Great Yarmouth, NR30 4LS

**Saturday 18th, 25th Nov, 2nd, 9th Dec** (3.00-4.00pm or 4.00-5.00pm) @ Aylsham High School Sports Hub, Palmerston Way, Aylsham, NR11 6FN

##### Price

Places on the course cost £50 per child (plus booking fee). Don't worry if your child doesn't have their own bike or helmet as we can lend them both.

##### Book Now

For more information and to book a place visit [www.littleridersuk.co.uk/learnride/](http://www.littleridersuk.co.uk/learnride/)