Bacton Primary School

01692 650240
office-bacton@coastaltogether.co.uk
Bacton Primary School, Walcott Rd, Bacton NR12 0EY

AIM Federation: Small schools, big opportunities

19th September 2024

Dear Parents/Carers,

Healthy Eating in Schools

At Bacton Primary, we are always committed to promoting a healthy, balanced diet for all of our pupils. As part of this, all the children in Seahorse class receive free fruit and vegetables for break time each day, funded by the government which helps ensure that they have access to nutritious snacks throughout the day. Our Key Stage 2 children are welcome to bring in their own healthy snack such as fruit or vegetables rather than things like crips or peperami, which could be part of lunch boxes.

For lunch, all Reception, Year 1 and Year 2 children are eligible for free school meals, which includes a variety of options: a hot dinner; vegetarian choice; snack pack, or jacket potato. These meals can be booked weekly through the School Money system. Key Stage 2 children are also welcome to order a school lunch via the same system. We will also keep you informed of any special celebration lunches that will come up throughout the year.

Children of all ages also have the option to bring a packed lunch from home which we strongly encourage to be balanced and healthy.

Please can we remind you that that we are a **nut-free school** due to several children having severe allergies. This means that any food containing nuts, including chocolate spreads with hazelnuts or cereal bars with nuts, are not permitted. Please ensure to check labels carefully.

Thank you for your continued support in promoting a healthy and balanced diet at school. Should you have any questions or concerns, please don't hesitate to reach out to us.

Yours sincerely,

Robbie Houghton
Head of School